

THE XERCES SOCIETY FOR INVERTEBRATE CONSERVATION



Natural Resources Conservation Service



United States Department of Agriculture Conservation Cover (327) for Pollinators in

# New England Job Sheet Installation Guide



Photo: New Hampshire NRCS

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The Xerces Society for Invertebrate Conservation

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(Photo: Mace Vaughan, Xerces Society.)

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# Purpose

These instructions provide in-depth guidance on how to install nectar and pollen habitat for bees in the form of wildflower meadow plantings. To plan a specific project, use this guide with the *Conservation Cover for Pollinators in New England Job Sheet*.

# **Client Conservation Objectives**

Depending on landowner objectives and project design, pollinator habitat may also provide food and cover for other wildlife, reduce soil erosion, protect water quality, and attract other beneficial insects such as predators of crop pests.

# **Key Site Characteristics**

Site selection for pollinator habitat should take the following into consideration:

- **Pesticide Drift:** Habitat must be protected from pesticides (especially insecticides and bee-toxic fungicides). Only sites with no to very low risk for insecticide drift should be established as new habitat.
- Accessibility: New habitat should be accessible to equipment for planting and maintenance operations.
- **Sunlight:** Most wildflowers and native shrubs grow best in full sunlight.
- **Slope:** Steep or highly erodible sites should not be disturbed. For re-vegetating such sites, consider Critical Area Planting (342) or other suitable Practice Standards.
- Weed Pressure: Areas with high weed pressure will take more time and effort to prepare for planting. It is also important to note the primary weed composition. Knowing the most abundant weed species on site and whether they are grass or broadleaf, perennial or annual, and woody or herbaceous will help significantly in planning for site preparation and follow up weed management

during establishment.

- Site History: Factors such as past plant cover (e.g., weeds, crops, and/or native plants), use of pre-emergent herbicides or other chemicals, and soil compaction can affect plant establishment. It is also important to know if sites may have poor drainage, or may flood, as such conditions make habitat establishment more difficult and require a plant mix adapted to the site.
- Soils and Habitat: Most plants listed in the Appendix of this guide are tolerant of many soil conditions and types, however all plants establish better when matched with appropriate conditions.
- **Irrigation:** To establish plants from plugs, pots, or bare root will require irrigation. Irrigation is generally not needed for plantings established from seed.
- Other Functions: The site may offer opportunities to serve other functions such as run-off prevention, stream bank stabilization, wildlife habitat, or windbreaks. Those factors can influence plant choice and/or design.

# **Plant Selection**

**Native Plants:** Plant species selection should be limited to plants providing pollen- and nectar-rich forage resources for bees. The inclusion of warm-season bunch grasses is appropriate at a low percentage of the mix by seed per square foot (e.g., 20% or less), but may limit options for use of grass selective herbicides if grass weeds are a primary concern. The Appendix provides specific seed mixes for dry and wet sites, and a master list of acceptable plants for various locations and/or environments in New England.

If you are designing a custom plant list, individual species should be chosen so that there are consistent and adequate floral resources throughout the season. In order to achieve this goal, a minimum of three species from each blooming period (early, mid and late season), should be included. Plant mix composition (i.e., percent of each species) can be designed to complement adjacent crop bloom time or other abundant species in the landscape, with more plants blooming immediately before and after adjacent crops.

Non-Native Plants: Plant selection should focus on pollen and nectar rich <u>native</u> plants, but non-native plants may be used when cost and/or availability are limiting factors. Please see the Appendix for acceptable non-native plants. Non-native plants such as buckwheat or clover, may be planted as part of a crop rotation or in a perennial crop understory using the Cover Crop Practice Standard (340), to increase the value of crop fields to pollinators. Alternate Pest or Disease Hosts: It is rare for native pollinator plants to serve as alternate hosts for crop pests or diseases, but selected plants should be cross-referenced for specific crop pest or disease associations.

### **Site Preparation**

Site preparation is **one of the most important** and often inadequately addressed components of project success. It is also a process that may require more than one season of effort to reduce competition from invasive, noxious or undesirable non-native plants prior to planting. *In particular, site preparation should focus on the removal of perennial weeds* (there are more options to address annual or biennial weeds after planting). Regardless of whether the objective is to establish herbaceous or woody vegetation, more effort and time spent eradicating undesirable plants prior to planting will result in higher success rates in establishing the targeted plant community. Site preparation methods are provided in the table on the next page. **Note:** If weed pressure is high, then the weed abatement strategies detailed here should be repeated for an additional growing season. High weed pressure conditions are characterized by:

- Persistent year-round cover of undesirable plants (covering the entire surface of the site);
- Sites where weeds have been actively growing (and producing seed) for multiple years;
- Sites dominated by introduced sod-forming grasses and rhizomatous forbs (e.g., Canada thistle).

Previous cropped lands (those that have been cultivated for several years), are generally lower in weed pressure.



Figure 1

Photos: Brianna Borders, Xerces Society.)

The site on the left was prepared with a single glyphosate treatment, leaving a significant stubble layer and un-killed weedy grasses. It is not ready for planting. The site on the right was treated for an entire growing season with repeated glyphosate treatments (applied whenever new weeds appeared). The stubble has been removed with a flail mower and it is ready for planting. Neither site has been cultivated.

Where to Use	Timing				
Conventional farms	• Total time: 6+ months				
• Areas with a low risk of erosion	<ul><li>Begin: Early spring after the first weed growth</li><li>Plant: fall</li></ul>				
Areas accessible to sprayer	• Plant: Iali				
<ul> <li>Basic Instructions:</li> <li>1. Mow existing thatch as needed before beginning I herbicide spray.</li> </ul>	herbicide treatments to expose new weed growth to the				
2. Apply a non-selective, non-persistent herbicide as	s soon as weeds are actively growing in the early spring.				
<ol> <li>Repeat herbicide applications throughout the spri 4 - 6 inches).</li> </ol>	ng, summer, and early fall, as needed (whenever emerging weed seedlings reach				
<ol> <li>Plant pollinator seed mix (and any transplants) ir Planting Methods section of this document for specific terms</li> </ol>	the fall, waiting at least 72 hours after the last herbicide treatment. Refer to the ecific recommendations.				
<ul> <li>5. Plant pollinator seed mix (and any transplants) ir Planting Methods section of this document for spo NOTE: <u>Do not till</u>. Avoid any ground disturbance the ecommended if weed pressure is particularly high.</li> <li>METHOD: SOLARIZATION</li> </ul>	a the fall, waiting at least 72 hours after the last herbicide treatment. Refer to the ecific recommendations. at may bring up additional weed seed. An additional year of site preparation is				
<ul> <li>5. Plant pollinator seed mix (and any transplants) ir Planting Methods section of this document for spo NOTE: <u>Do not till</u>. Avoid any ground disturbance the ecommended if weed pressure is particularly high.</li> <li>METHOD: SOLARIZATION</li> <li>Where to Use</li> </ul>	a the fall, waiting at least 72 hours after the last herbicide treatment. Refer to the ecific recommendations. at may bring up additional weed seed. An additional year of site preparation is				
<ul> <li>5. Plant pollinator seed mix (and any transplants) ir Planting Methods section of this document for spectrum NOTE: <u>Do not till</u>. Avoid any ground disturbance the ecommended if weed pressure is particularly high.</li> <li>METHOD: SOLARIZATION</li> <li>Where to Use</li> <li>• Organic and conventional farms</li> </ul>	n the fall, waiting at least 72 hours after the last herbicide treatment. Refer to the ecific recommendations. <i>at may bring up additional weed seed. An additional year of site preparation i</i> <b>Timing</b> • Total time: 6+ months				
<ul> <li>5. Plant pollinator seed mix (and any transplants) ir Planting Methods section of this document for spo NOTE: <u>Do not till</u>. Avoid any ground disturbance the ecommended if weed pressure is particularly high.</li> <li>METHOD: SOLARIZATION</li> <li>Where to Use</li> </ul>	a the fall, waiting at least 72 hours after the last herbicide treatment. Refer to the ecific recommendations. at may bring up additional weed seed. An additional year of site preparation in Timing				
<ul> <li>5. Plant pollinator seed mix (and any transplants) ir Planting Methods section of this document for spo NOTE: <u>Do not till</u>. Avoid any ground disturbance the ecommended if weed pressure is particularly high.</li> <li>METHOD: SOLARIZATION</li> <li>Where to Use</li> <li>Organic and conventional farms</li> <li>Areas with a low risk of erosion</li> </ul>	<ul> <li>at may bring up additional weed seed. An additional year of site preparation at may bring up additional weed seed. An additional year of site preparation at may bring up additional weed seed. An additional year of site preparation at may bring up additional weed seed. Begin: spring</li> </ul>				

for specific bed preparation recommendations. **NOTE:** Solarization may not be as effective in years when summer sun or high temperatures are limited. <u>Do not till</u>. Avoid any ma-

NOTE: Solarization may not be as effective in years when summer sun or high temperatures are limited. <u>Do not tui</u>. Avoid any major ground disturbance that may bring up additional weed seed. An additional year of site preparation is recommended if weed pressure is particularly high.

# **Planting Methods**

Recommended planting methods are site-specific. Factors such as equipment availability should be taken into consideration. Installing and maintaining habitat should fit into general farm-management practices as much as possible. Pre-project site conditions, especially weed competition, should be addressed prior to planting. Below are several planting options.

Seeding Wildflowers: Planting from seed can be a lowercost way to establish wildflowers. Seeding requires excellent site preparation to reduce weed pressure since weed control options are limited when the wildflowers start to germinate. Most native wildflowers are best planted in the late fall.

Grain drills, unlike native seed drills, are usually not designed to handle wildflower seeds, many of which are very small. However, with simple modifications most types of grass-seed planters or granulated fertilizer spreaders can be used with good results. The table below outlines several possible seeding methods.

Newly planted areas should be clearly marked to protect them from herbicides or other disturbances.

### Table 2 Methods for Planting Wildflower Seed

### METHOD: BROADCAST SEEDERS OR HAND BROADCASTING (THROWING SEED)

Pros	Cons
Inexpensive	• Requires a smooth seed bed
• Easy to use	• Seed should be pressed into the soil after planting
Can often accommodate poorly cleaned seed	Difficult to calibrate
• Many models and sizes of broadcasters are commonly	• Some models of broadcast seeders cannot accommodate large
available, including hand-held crank and larger tractor	seeds
or ATV-mounted models	

### **Basic Instructions:**

Remove as much stubble as possible prior to seeding, creating a smooth, lightly-packed seedbed. The soil surface can be **lightly** hand-raked or harrowed to break-up crusted surfaces, but <u>do not cultivate</u> the site (cultivation will bring up additional weed seed).

Seeds of similar sizes can be mixed together and bulked up with an inert carrier ingredient such as sand, fine-grained vermiculite, claybased kitty litter, gypsum, or polenta (fine cornmeal). Use two to three parts bulking agent for each volume unit of seed (e.g., 2-3 lbs sand for each pound of seed mix). These inert carriers ensure even seed distribution in the mix, visual feedback on where seed has been thrown, and make calibration easier.

The broadcast seeding equipment used should have a flow gate that closes down small enough to provide a slow, steady flow of your smallest wildflower seed. Models with an internal agitator are also preferred. Planting should begin with the flow gate set to the narrowest opening, to allow at least two perpendicular passes over the seed bed for even distribution. Very large seed can be planted separately with the flow gate set to a wider opening.

For small sites, seed can also be hand broadcast (similar to scattering poultry feed). When hand broadcasting, divide the seed into at least two batches, bulk the seed mix with an inert carrier, and sow each batch separately (scatter the first batch evenly over the site while walking in perpendicular passes across the site, and then walk in passes perpendicular to the previous passes to scatter the second batch) to ensure seed is evenly distributed.

Regardless of how it is broadcast, do not cover the seed with soil after planting. A water-filled turf grass roller (available for rent at most hardware stores) or a cultipacker should be used to press the seed into the soil surface. Natural precipitation or light overhead irrigation can also help ensure good seed-soil contact. Floating row-cover can be used if necessary to protect seeds and small seedlings against predation.

METHOD: DROP SEEDERS OR FERTILIZER SPREADERS (DROPPING SEED)								
<ul> <li>Pros</li> <li>Inexpensive</li> <li>Easy to use</li> <li>Even seed dispersal</li> <li>Can accommodate both large and small seed</li> <li>Many models and sizes are commonly available (Handpowered turf grass seeders are most common, but larger tractor-drawn "pasture-seeder" models also exist)</li> </ul>	<ul> <li>Cons</li> <li>Requires a smooth, level seed bed</li> <li>Seed should be pressed into the soil after planting</li> <li>Hand-powered models are time consuming for large areas (over ½ acre)</li> <li>Calibration requires trial and error</li> </ul>							
<b>Basic Instructions:</b> Remove as much stubble as possible prior to seeding, creating	a smooth, lightly-packed seedbed. The soil surface can be <b>lightly</b> hand-							

Remove as much stubble as possible prior to seeding, creating a smooth, lightly-packed seedbed. The soil surface can be **lightly** handraked or harrowed to break-up crusted surfaces, but <u>do not cultivate</u> the site (cultivation will bring up additional weed seed).

Seed of similar-sizes can be mixed together and bulked up with an inert carrier ingredient such as sand, fine grained vermiculite, claybased kitty litter, gypsum, or polenta (fine cornmeal) for even seed distribution and ease of calibration. Planting should begin with the drop gate set to the narrowest opening, to allow at least two perpendicular passes over the seed bed for even distribution. Very large seed can be planted separately with the drop gate set to a wider opening.

Do not cover the seed after planting. A water-filled turf grass roller (available for rent at most hardware stores) or a cultipacker should be used to press the seed into the soil surface. Natural precipitation or light overhead irrigation can also help ensure good seed-soil contact. Floating row-cover can be used if necessary to protect seeds and small seedlings against predation.

Pros	Cons
• Convenient for planting large areas	• Expensive and not readily available in some areas
• Seed box agitators and depth controls are designed spe-	• Difficult to calibrate for small areas (less than 1 acre)
cifically for planting small and fluffy native seeds at optimal rate and depth	• Requires a tractor and <b>an experienced operator</b> to set planting controls
• Can plant into a light stubble layer	• Seed with a lot of chaff can clog delivery tubes
• Seeds are planted in even rows, allowing for easier seed-	
ling recognition	
• Does not require seed to be pressed into soil surface after planting (e.g., cultipacking)	

### **Basic Instructions:**

Plant only when the soil is dry enough to prevent sticking to the coulters. Under wet conditions, small seed is likely to stick to mudcaked parts of the drill, rather than the ground.

Loosely fill seed boxes, but do not compact seed into them. Seed quantities that do not cover the agitator should be planted using some other method, since the drill is difficult to calibrate for small volumes of seed.

For most wildflower species, set depth controls to plant <sup>1</sup>/4" deep (consult with the seed vendor for specific guidelines on very sandy soils). Stop periodically to check planting depth. Stop periodically to check planting depth. Some seed should be observable on or just below the soil surface. As a general rule, planting depth should be equal to 1.5x the diameter of the seed.

### Table 2 Cont. Methods for Planting Wildflower Seed

Operate the drill at less than 5 mph, stopping to check periodically for any clogging of planting tubes (usually observed as a seedbox that is remaining full). Clogging is most common with fluffy seed, or seed with a lot of chaff. Avoid backing up the drill as it will likely cause clogging.

For information on native seed drill calibration, see NRCS publication: http://www.plant-materials.nrcs.usda.gov/pubs/mipmctn10591.pdf

### METHOD: TRANSPLANTING FORBS AND WOODY PLANTS

Pros	Cons
• Provides mature nectar and pollen resources more	• Expensive and time consuming for large areas
quickly	• Transplants typically require irrigation during establishment
• Does not require specialized planting equipment	
(except for large trees)	
• Preferred for plants with limited seed availability, or	
which are difficult to establish from seed	
• Transplants can be established in weedy sites with ade-	
quate mulching	

#### **Basic Instructions:**

Regular shovels are adequate for transplanting most container stock. However, dibble sticks are some-times helpful for plug-planting. Power augurs and mechanical tree spades can be helpful for larger plants.

Plant size at maturity should be considered when planting. Most woody shrubs can be spaced on 4' - 10' centers (depending upon size at maturity), with most herbaceous plants spaced closer on 2' - 3' centers. It is helpful to measure the planting areas prior to purchasing transplants, and to stage the transplants in the planting area prior to installing them in the ground.

Transplanting can occur any time the ground can be worked, but should be timed to avoid prolonged periods of hot, dry, or windy weather. Regardless of when planting occurs however, the transplants should be irrigated thoroughly immediately after planting. Holes for plants can be dug and pre-irrigated prior to planting as well. The timing of follow-up irrigation depends upon weather and specific site conditions, but generally even native and drought tolerant plants should be irrigated with at least 1" of water per week (except during natural rain events), for the first two years after establishment. Long, deep watering is best to encourage deep root system development and shallow irrigation should be avoided. Drip irrigation is useful, and other methods that allow for deep watering can be successful. It is advisable to irrigate at the base of plants and avoid overhead irrigation that would encourage weed growth. Once plants are established, irrigation should be removed or greatly decreased. Non-native plants may require more frequent irrigation, and may still require supplemental irrigation once established.

Most of the plants in the Appendix are adapted to a variety of soil conditions and do not need any specific amendments. However, in areas where the soil is compacted, degraded, or depleted, compost should be used during planting. Compost should be free from weed seeds, aged properly, and mixed thoroughly with soil during planting.

In cases where rodent damage may occur, below ground wire cages are recommended. Similarly, plant guards may be needed to protect plants from above ground browsing or antler damage by deer.

Mulching is recommended to reduce weed competition and to retain moisture during the establishment phase. Recommended materials include wood chips, bark dust, weed-free straw (e.g., rice straw), nut shells, grape-seed pumice, or other regionally appropriate mulch materials.

# **Planting Method Photos**



(Photos: Brianna Borders, Xerces Society.)

For broadcast seeding, seed of **similar size** is mixed together (left). Sand or another inert carrier is added and then mixed (middle left), and the mix is divided into separate batches (middle right) for broadcasting in perpendicular passes over the planting site. When hand-broadcasting seed, walk in perpendicular passes over the entire planting area (Right).



(Photos: Brianna Borders, Xerces Society.)

(Photo: Regina Hirsch, University of Wisconsin Madison)

Native wildflower seed should be planted directly on the soil surface (left). After broadcasting, roll the site with a cultipacker (middle) or turf roller (right).



(Photos: New Hampshire NRCS.)

Hand-crank "belly grinder" type seeders (left) are low cost and can broadcast seed more evenly than hand-scattering on larger sites. Similarly, lawn fertilizer spreaders (right) are another commonly available tool for broadcasting seed. In both cases, models with internal agitators are preferred to prevent clogging. For best results divide the seed into separate batches, grouping seed of similar sizes for planting together with the flow gate adjusted accordingly. It can be difficult to plant very large and very small seed together in a single seed mix using mechanical broadcasters. Use an inert carrier (such as sand) and walk in at least two perpendicular paths to ensure the most even seed distribution possible.



(Photo: Jessa Guisse, Xerces Society.)

Native seed drills are the ideal tool for large planting sites (5+ acres). Typical models can plant in a light stubble layer, have depth controls for optimal seed placement, and have separate seed boxes for different sizes of seed. Such drills need an experienced operator and careful calibration.

# Maintenance During Establishment (Short-Term)

Weed control is critical in the first and second years after planting. If the site is well prepared, then less effort will be required for weeding after project installation. Maintenance practices must be adequate to control noxious and invasive species and may involve tools such as mowing, burning, hand hoeing, or spot spraying with herbicides.

Weeds should be prevented from going to seed in, or adjacent to, the project area during the first two (and possibly three) years after planting to help ensure long-term success. Familiarity with the life cycle of weeds will facilitate appropriate timing of management activities. Since young wildflower and weed seedlings may look alike, care should be taken to properly identify weeds before removal.

Common weed-management strategies include:

• **Spot Spraying:** Spot spraying with herbicides can be effective, relatively inexpensive, and require minimal labor, even on larger project areas. Care should be taken so that herbicides do not drift or drip onto desirable plant species. Spot spraying is usually performed with back-

pack spraying, or occasionally with rope-wick implements (when weed growth is substantially taller than newly established wildflowers).

- Selective Herbicides: Grass-selective herbicides can be used to control weedy grasses in broadleaf plantings. Contact a local crop advisor or Extension specialist for appropriate herbicide selection and timing.
- Managing Irrigation: Most wildflowers established from seed thrive with little or no supplemental irrigation. Keeping irrigation to a minimum helps native wildflowers out-compete non-native weedy species that sometimes have higher soil moisture requirements. Similarly, when irrigation is needed for transplants, it should be supplied at the base of the transplant when possible (through drip irrigation, for example) to avoid watering nearby weeds.
- Mowing / String Trimming: Mowing or string trimming can be utilized to keep weedy species from shading out other plants, and to prevent them from going to seed. Mowing is especially useful when establishing wildflow-

er plots of perennial species. When planted with perennial seed mixes, sites can be mowed occasionally (ideally as high as mower settings allow) during the first year after planting to prevent annual and biennial weeds from flowering and producing seed. Perennial wildflowers are slow to establish from seed, and are usually not harmed by incidental mowing in the first year after planting. Mowing can also be used on plots of re-seeding annuals at the end of the growing season to help shatter wildflower seedpods, and to reduce woody plant encroachment. Mowing and string trimming can also be useful around woody transplants to manage nearby weeds.

• Hand Weeding: Hand-weeding (including hoeing) can be effective in small areas with moderate weed pressure. Hand-weeding will likely be necessary in forb plots to eliminate broadleaf weeds during the first few seasons.





(Photos: Eric Mader, Xerces Society.)

*Short Term:* In the first spring after seeding the previous fall, this planting site is dominated by annual and biennial weeds like wild radish (left). Mowing the site periodically during the first year (ideally as high as mower settings allow) will prevent these short-lived weeds from producing more seed, and allow sunlight to reach the slower-growing natives (right), which are generally unharmed by the occasional mowing.



(Photo: Don Keirstead., New Hampshire NRCS) Long Term: Flourishing wildflowers and pollinator habitat in year 2 after planting.

## **Operations and Maintenance (Long-Term)**

Control herbivores as needed, but remove tree guards or other materials that could impede plant growth as soon as possible after establishment. In most cases, irrigation can be removed from transplants by the end of the second year after planting. Continue to protect habitat from pesticides and herbicides except when necessary to control noxious or invasive plants. On-going herbicide use (spot-treatment), mechanical weed management or occasional hand weeding may be necessary to control noxious weeds. Maintain the long-term plant diversity of pollinator habitat by re-seeding or re-planting as necessary.

Wildflower plantings generally need to be managed over time to maintain open, early successional characteristics. The actual management will depend on the size and location of the habitat. Possible management tools/ techniques include mowing or burning. If mowing is used, be sure all equipment is clean and free of weed seed. Do not mow or burn during critical wildlife nesting seasons (consult your state wildlife biologist for specific guidance). After establishment, no more than 30% of the habitat area should be mowed or burned in any one year to ensure sufficient undisturbed refuge areas for pollinators and other wildlife.

Finally, note that some common farm-management practices can cause harm to bees and other beneficial insects. Insecticides are especially problematic, including some insecticides approved for organic farms. Therefore, if insecticide spraying is to occur on the farm, it is <u>critical</u> that the Conservation Cover planting area is outside of the sprayed area and/or protected from application and drift.

# Appendix: Seed Mixes, Plant Lists and Sources, and References

# **Sample Seed Mixes**

The following sample seed mixes are formulated for a 1-acre planting area. For larger areas, increase the rate accordingly. To create custom seed mixes, see recommended species master list on page 14 and the references section for a down-loadable seed mix calculator.

### Mesic Site Pollinator Seed Mix (Apple Orchards, Pumpkins, and Blueberry Farms)

The mix is designed to provide season-long pollen and nectar resources on any sunny mesic to slightly dry upland site.

COMMON NAME	SCIENTIFIC NAME	% OF MIX	SEEDS / FT <sup>2</sup>	LBS / ACRE	PRICE / LB	TOTAL PRICE	BLOOM TIME
Golden Alexanders	Zizia aurea	3.0%	1.8	0.41	\$150	\$61.26	spring
Wild Lupine	Lupinus perennis	0.3%	0.18	0.49	\$200	\$98.01	spring
Wild Blue Indigo	Baptisia australis	0.2%	0.12	0.20	\$180	\$36.75	spring
Smooth Penstemon	Penstemon digitalis	10.0%	6	0.14	\$80	\$11.36	early summer
Butterfly Milkweed	Asclepias tuberosa	1.5%	0.9	0.56	\$180	\$100.81	early summer
Lavender Hyssop	Agastache foeniculum	8.0%	4.8	0.20	\$180	\$36.19	early summer
Purple Coneflower	Echinacea purpurea	8.0%	4.8	1.98	\$40	\$79.20	summer
Wild Bergamot	Monarda fistulosa	15.0%	9	0.31	\$200	\$62.73	summer
Virginia Mountain Mint	Pycnanthemum virgini- anum	10.5%	6.3	0.05	\$500	\$25.89	summer
Dotted Mint	Monarda punctata	15.0%	9	0.26	\$180	\$46.92	summer
Marsh Blazingstar	Liatris spicata	0.5%	0.3	0.13	\$450	\$58.81	late summer
Showy Goldenrod	Solidago speciosa	3.0%	1.8	0.05	\$200	\$9.33	fall
New England Aster	Symphyotrichum novae- angliae	5.0%	3	0.11	\$200	\$21.49	fall
Little Bluestem	Schizachyrium scoparium	10.0%	6	1.86	\$20	\$37.13	-
Big Bluestem	Andropogon gerardii	5.0%	3	1.00	\$20	\$19.95	-
Indian Grass	Sorghastrum nutans	5.0%	3	0.96	\$20	\$19.18	-
TOTALS		100%	60.00	8.71	-	\$725.01*	

### Wetland Pollinator Seed Mix

COMMON NAME	SCIENTIFIC NAME	% OF MIX	SEEDS / FT <sup>2</sup>	LBS / ACRE	PRICE / LB	TOTAL PRICE	BLOOM TIME
Golden Alexanders	Zizea aurea	2.0%	1.2	0.27	\$150	\$40.84	spring
Virginia Spiderwort	Tradescantia virginiana	1.0%	0.6	0.01	\$300	\$4.48	late spring
Swamp Milkweed	Asclepias incarnata	1.0%	0.6	0.30	\$280	\$84.31	summer
Purple Coneflower	Echinacea purpurea	10.0%	6	2.48	\$40	\$99.00	summer
Blue Lobelia	Lobelia siphilitica	20.0%	12	0.06	\$260	\$16.34	summer
Wild Bergamot	Monarda fistulosa	10.0%	6	0.21	\$200	\$41.82	summer
Joe Pye Weed	Eupatorium purpureum	5.0%	3	0.17	\$220	\$37.83	summer
Boneset	Eupatorium perfoliatum	10.5%	6.3	0.14	\$200	\$27.44	summer
Marsh Blazingstar	Liatris spicata	0.5%	0.3	0.07	\$450	\$30.63	late summer
Sneezeweed	Helenium autumnale	10.0%	6	0.12	\$80	\$9.25	fall
Showy Goldenrod	Solidago speciosa	5.0%	3	0.08	\$200	\$15.56	fall
New England Aster	Symphyotrichum novae- angliae	5.0%	3	0.11	\$200	\$21.49	fall
Big Bluestem	Andropogon gerardii	10.0%	6	2.00	\$20	\$39.90	-
Tussock Sedge	Carex stricta	5.0%	3	0.04	\$640	\$27.88	-
Fox Sedge	Carex vulpinoidea	5.0%	3	0.07	\$16	\$1.05	-
TOTALS		100%	60	6.21	-	\$497.82*	

### **Conservation Cover Seed Mix for Cranberry Farms**

The species in this mix are selected for low-weed potential in and around cranberry sites. To further reduce weed potential, pollinator sites should be created in upland areas with a mowed buffer or road separating the habitat from bogs.

COMMON NAME	SCIENTIFIC NAME	% OF MIX	SEEDS / FT <sup>2</sup>	LBS / ACRE	PRICE / LB	TOTAL PRICE	BLOOM TIME
Wild Lupine	Lupinus perennis	0.75%	0.5	1.23	\$200.00	\$245.03	spring
Purple Coneflower	Echinacea purpurea	7.0%	4.2	1.73	\$28.00	\$48.51	summer
Partridge Pea	Chamaecrista fasciculata	10.0%	6.0	4.30	\$10.00	\$42.99	summer
Dotted Mint	Monarda punctata	15.0%	9.0	0.26	\$180.00	\$47.04	summer
Wild Bergamot	Monarda fistulosa	13.0%	7.8	0.27	\$220.00	\$58.86	summer
Virginia Mountain Mint	Pycnanthemum virgini- anum	10.0%	6.0	0.05	\$500.00	\$24.66	summer
Blue Vervain	Verbena hastata	20.0%	12.0	0.35	\$54.00	\$19.07	summer
Blazing Star	Liatris spicata	2.25%	1.4	0.31	\$148.00	\$45.33	late summer
Smooth Blue Aster	Symphyotrichum leave	10.0%	6.0	0.34	\$200.00	\$68.06	fall
Calico Aster	Symphyotrichum lateriflo- rus	12.0%	7.2	0.08	\$260.00	\$20.39	fall
TOTALS		100%	60	8.91	-	\$619.93*	-

### Low Cost Conservation Seed Mix

This low cost mix provides fewer season-long pollen and nectar benefits, and may be less resistant to weed encroachment. For extremely large sites however, especially where financial resources are limited, it may be a preferred option.

COMMON NAME	SCIENTIFIC NAME	% OF MIX	SEEDS / FT <sup>2</sup>	LBS / ACRE	PRICE / LB	TOTAL PRICE	BLOOM TIME
Lanceleaf Coreopsis	Coreopsis lanceolata	5.0%	11.4	2.5	\$14	\$31.46	early summer
Alfalfa	Medicago sativa	20.0%	12	2.38	\$3	\$7.13	summer
Purple Coneflower	Echinacea purpurea	5.0%	3	1.24	\$40	\$49.50	summer
Dotted Mint	Monarda punctata	9.0%	5.4	0.16	\$180	\$28.15	summer
Partridge Pea	Chamaecrista fasciculata	3.0%	1.8	1.29	\$25	\$32.24	summer
Yarrow	Achillea millefolium	14.0%	8.4	0.13	\$30	\$3.99	summer
Blanketflower	Gaillardia aristata	6.0%	3.6	1.19	\$30	\$35.64	summer
Little Bluestem	Schizachyrium scoparium	8.0%	4.8	1.49	\$20	\$29.70	-
Big Bluestem	Andropogon gerardii	8.0%	4.8	1.60	\$20	\$31.92	-
Indian Grass	Sorghastrum nutans	8.0%	4.8	1.53	\$20	\$30.69	-
TOTALS	·	100%	60	13.51	-	\$280.42*	

\*Costs may vary by season and seed producer

# **Master Plant Lists**

### **Recommended Native Wildflowers**

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE*	MATURE HEIGHT	WATER NEEDS	NOTES				
Early Season Blooming Species									
Golden Alexanders	Zizia aurea	Р	3 ft	High	Adapted to disturbance; spreads by rhi- zomes				
Wild Blue Indigo	Baptisia australis	Р	5 ft	Medium	Slow to establish				
Wild Lupine	Lupinus perennis	Р	2 ft	Low	Prefers sandy soil; host for Karner blue butterfly				
Early to Mid Season Blooming Species									
Smooth Penstemon	Penstemon digitalis	Р	2 ft	Medium	Establishes quickly				
Virginia Spiderwort	Tradescantia virginiana	Р	2 ft	Medium					
	Mi	d Season B	looming Spe	cies					
Butterfly Milkweed	Asclepias tuberosa	Р	3 ft	Low	Prefers sandy soil; host plant for monarch butterfly				
Swamp Milkweed	Asclepias incarnata	Р	5 ft	High	Host plant for monarch butterfly				
Common Milkweed	Asclepias syriaca	Р	6 ft	Medium	Host plant for monarch butterfly				
Blue Lobelia	Lobelia siphilitica	Р	3 ft	High	Prefers part shade and fertile soil				
Purple Coneflower	Echninacea purpurea	Р	3 ft	Medium	Establishes quickly; long bloom time				
Lavender Hyssop	Agastache foeniculum	Р	5 ft	Medium	Establishes quickly				
Wild Bergamot	Monarda fistulosa	Р	4 ft	Medium	Establishes quickly				
Dotted Mint	Monarda punctata	Р	3 ft	Medium	Prefers sandy soil; establishes quickly; long bloom time				
Virginia Mountain Mint	Pychnanthemum virgini- anum	Р	3 ft	Medium					
Marsh Blazingstar	Liatris spicata	Р	5 ft	Medium					
Joe Pye Weed	Eupatorium purpureum	Р	6 ft	High	Prefers part shade and fertile soil				
	Mid to	Late Seaso	on Blooming	Species					
Field Thistle	Cirsium discolor	Р	6 ft	Medium	Short-lived; not aggressive				
Boneset	Eupatorium perfoliatum	Р	5 ft	High	Prefers fertile soil				
Bottle Gentian	Gentiana andrewsii	Р	2 ft	Medium	Not drought tolerant; difficult to establish from seed, establish from transplants				
Yarrow	Achillea millefolium	Р	2 ft	Low	Very aggressive				
	Late Season Blooming Species								
Sneezeweed	Helenium autumnale	Р	3 ft	High	Prefers fertile soil; toxic to livestock				
Showy Goldenrod	Solidago speciosa	Р	4 ft	Medium					
New England Aster	Symphyotrichum novae- angliae	Р	4 ft	Medium					
Calico Aster	Symphyotrichum lateriflo- rum	Р	4 ft	Medium	Prefers part-shade				

### Native Grasses and Sedges for Pollinator Seed Mixes

Note: Grasses and sedges should ideally comprise no more than 25% of seed mixes on pollinator sites.

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE*	MATURE HEIGHT	WATER NEEDS	NOTES
Little Bluestem	Schizachyrium scoparium	Р	3 ft	Low	Considered a weed in cranberry bogs
Big Bluestem	Andropogon gerardii	Р	8 ft	Medium	Can be aggressive at high seeding rates
Indian Grass	Sorghastrum nutans	Р	7 ft	Medium	Can be aggressive at high seeding rates
Pennsylvania Sedge	Carex pensylvanica	Р	1.5 ft	Medium	Prefers part shade
Tussock Sedge	Carex stricta	Р	4 ft	High	Tolerates occasional flooding
Fox Sedge	Carex vulpinoidea	Р	3 ft	High	Tolerates occasional flooding

### Non-Native Plants for Insectary Meadows and Cover Crops

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE	MATURE HEIGHT	WATER NEEDS	NOTES
Early Season Blooming Species					
Crimson Clover	Trifolium incarnata	А	1.5 ft	Medium	Not freeze tolerant, spring seeded in cold climates
Hairy Vetch	Vicia villosa	А	1.5 ft	Medium	Fall seeded, aggressive at high seeding rates
Lacy Phacelia	Phacelia tanacetifolia	А	2 ft	Low	Not freeze tolerant, spring seeded in cold climates
Early to Mid Season Blooming Species					
Red Clover	Trifolium repens	Р	1 ft	Medium	Aggressive at high seeding rates
Lanceleaf Coreopsis	Coreopsis lanceolata	Р	2 ft	Medium	
Mid Season Blooming Species					
Buckwheat	Fagopyrum esculentum	А	2 ft	Medium	
Borage	Borage officinalis	А	1.5 ft	Medium	Not freeze tolerant, spring seeded in cold climates
Alfalfa	Medicago sativa	Р	2 ft	Medium	Susceptible to frost heaving
Blanketflower	Gaillardia aristata	Р	2 ft	Low	
Partridge Pea	Chamaecrista fasciculata	А	2 ft	Low	Favors disturbed sites
Mid to Late Season Blooming Species					
Common sunflower	Helianthus annus	А	9 ft	Medium	
Cosmos	Cosmos bipinnatus	А	5 ft	Medium	

\*Life Cycle abbreviations: P = perennial, A = annual, B = biennial



# **Regional Native Seed Vendors and Native Plant Nurseries**

Inclusion on this list does not constitute an endorsement or a recommendation. Other vendors not listed below may also have suitable plant materials. Before ordering, ensure that all plants or seeds purchased for pollinator habitat have **NOT** been treated with systemic insecticides.

**Ernst Conservation Seed** (Seed and Transplants) • Meadville, PA • 800-873-3321 • <u>www.ernstseed.com</u>

**Earth Tones Native Plant Nursery** (Transplants Only) • Woodbury, CT • 203-263-6636 • <u>www.earthtonesnatives.com</u>

**Fiddlehead Creek Native Plant Nursery** (Seed and Transplants) • Fort Ann, NY • 518-632-5505 • <u>www.fiddleheadcreek.com</u> **Fieldstone Gardens** (Transplants Only) • Vassalboro, ME • 207-923-3836 • <u>www.fieldstonegardens.com</u>

**Found Well Farm** (Transplants Only) • Pembroke, NH • 608-228-1421 • <u>www.foundwellfarm.com</u>

**Native Haunts** (Seed and Transplants) • Alfred, ME • 207-490-0849 • <u>www.nativehaunts.com</u>

**New England Wetland Plants** (Seed and Transplants) • Amherst, MA • 413-548-8000 • <u>www.newp.com</u>

### References

#### **Xerces Society Seed Mix Calculator**

Develop your own pollinator conservation seed mix using this seed rate calculator.

http://www.xerces.org/wp-content/uploads/2009/11/XERCES-SEED-MIX-CALCULATOR.xls

#### **USDA-NRCS Seedling ID Guide for Native Prairie Plants**

Many of the plant species recommended in this guide are featured in a series of seedling photos in this downloadable resource. www.plant-materials.nrcs.usda.gov/pubs/mopmcpu6313.pdf

#### **Bonestroo Prairie Seedling and Seeding Evaluation Guide**

Many of the plant species recommended in this guide are featured in a series of seedling photos in this downloadable resource. The publication also includes guidelines for assessing establishment success of seeded native grass and wildflower plots.

#### Weeds of the Northeast

This PLANTS database collection highlights key weeds of New England with species-level PLANTS profiles. Inclusion on the list is based upon references in multiple weed science publications. www.plants.usda.gov/java/invasiveOne?pubID=NEAST

#### **Directory for Invasive Weeds of the Northeast**

This database, compiled by the Penn State Department of Crops and Soil Sciences features links to multi-agency fact sheets and management guidelines for major region weed species. <u>http://extension.psu.edu/weeds/extension-info/invasiveplants#misc-dicots</u>

#### NRCS New England Pollinator Conservation Handbook

A New England NRCS overview of native bee and honey bee biology, farm management practices that impact pollinators, a color photo guide to common bee genera, and list of regionally appropriate plants for habitat restoration efforts.

<u>htp://ftp-fc.sc.egov.usda.gov/NH/WWW/Technical/</u> New England NRCS Pollinator Tech Note FINAL.pdf

# Soil Solarization: A Nonpesticidal Method for Controlling Diseases, Nematodes, and Weeds

This fact sheet, produced by the University of California Cooperative Extension discusses the solarization process, including plastic selection, installation, removal, and underlying principles. http://vric.ucdavis.edu/pdf/soil\_solarization.pdf

#### Seed Quality, Seed Technology, and Drill Calibration

This Washington NRCS Plant Materials Technical Note (no. 7. 2005) features extensive information on calibrating native seed drills, and the use of inert carriers.

www.plant-materials.nrcs.usda.gov/pubs/wapmctn6331.pdf