

**NATURAL RESOURCES CONSERVATION SERVICE  
CONSERVATION PRACTICE STANDARD**

**COVER CROP**

(Ac.)

**CODE 340**

**DEFINITION**

Crops including grasses, legumes and forbs for seasonal cover and other conservation purposes.

**PURPOSE**

- Reduce erosion from wind and water.
- Increase soil organic matter content.
- Capture and recycle or redistribute nutrients in the soil profile.
- Promote biological nitrogen fixation.
- Increase biodiversity.
- Weed suppression.
- Provide supplemental forage.
- Soil moisture management.
- Reduce particulate emissions into the atmosphere.
- Minimize and reduce soil compaction.

**CONDITIONS WHERE PRACTICE APPLIES**

On all lands requiring vegetative cover for natural resource protection and or improvement.

**CRITERIA**

**General Criteria Applicable to All Purposes**

Plant species, seedbed preparation, seeding rates, seeding dates, seeding depths, fertility requirements, and planting methods will be consistent with approved local criteria and site conditions.

The species selected will be compatible with other components of the cropping system.

Cover crops will be terminated by harvest, frost, mowing, tillage, crimping, and/or herbicides in preparation for the following crop.

Herbicides used with cover crops will be compatible with the following crop.

Avoid using plants that are on the state's noxious weed or invasive species lists.

Cover crop residue will not be burned.

**Additional Criteria to Reduce Erosion from Wind and Water**

Cover crop establishment, in conjunction with other practices, will be timed so that the soil will be adequately protected during the critical erosion period(s).

Plants selected for cover crops will have the physical characteristics necessary to provide adequate protection.

The amount of surface and/or canopy cover needed from the cover crop shall be determined using current erosion prediction technology.

**Additional Criteria to Increase Soil Organic Matter Content**

Cover crop species will be selected on the basis of producing high volumes of organic material and or root mass to maintain or improve soil organic matter.

The NRCS Soil Conditioning Index (SCI) procedure will be used to determine the amount of biomass required to have a positive trend in the soil organic matter subfactor.

The cover crop will be terminated as late as feasible to maximize plant biomass production, considering the time needed to prepare the field for planting the next crop and soil moisture depletion.

#### **Additional Criteria to Capture and Recycle Excess Nutrients in the Soil Profile**

Cover crops will be established and actively growing before the expected period(s) of nutrient leaching.

Cover crop species will be selected for their ability to take up large amounts of nutrients from the rooting profile of the soil.

When used to redistribute nutrients from deeper in the profile up to the surface layer, the cover crop will be killed in relation to the planting date of the following crop. If the objective is to best synchronize the use of cover crop as a green manure to cycle nutrients, factors such as the carbon/nitrogen ratios may be considered to kill early and have a faster mineralization of nutrients to match release of nutrient with uptake by following cash crop. A late kill may be used if the objectives are to use as a biocontrol and maximize the addition of organic matter. The right moment to kill the cover crop will depend on the specific rotation, weather and objectives.

#### **Additional Criteria to Promote Biological Nitrogen Fixation**

Only legumes or legume-grass mixtures will be established as cover crops.

The specific Rhizobium bacteria for the selected legume will either be present in the soil or the seed will be inoculated at the time of planting.

#### **Additional Criteria to Increase Biodiversity**

Cover crop species shall be selected that have different maturity dates, attract beneficial insects, increase soil biological diversity, serve as a trap crop for damaging insects, and/or provide food and cover for wildlife habitat management.

#### **Additional Criteria for Weed Suppression**

Species for the cover crop will be selected for their chemical or physical characteristics to suppress or compete with weeds.

Cover crops residues will be left on the soil surface to maximize allelopathic (chemical) and mulching (physical) effects.

For long-term weed suppression, reseeding annuals and/or biennial species can be used.

#### **Additional Criteria to Provide Supplemental Forage**

Species selected will have desired forage traits, be palatable to livestock, and not interfere with the production of the subsequent crop.

Forage provided by the cover crop may be hayed or grazed as long as sufficient biomass is left for resource protection.

#### **Additional Criteria for Soil Moisture Management**

Terminate growth of the cover crop sufficiently early to conserve soil moisture for the subsequent crop. Cover crops established for moisture conservation shall be left on the soil surface.

In areas of potential excess soil moisture, allow the cover crop to grow as long as possible to maximize soil moisture removal.

#### **Additional Criteria to Reduce Particulate Emissions into the Atmosphere**

Manage cover crops and their residues so that at least 80% ground cover is maintained during planting operations for the following crop.

#### **Additional Criteria to Minimize and Reduce Soil Compaction**

Select and manage cover crop species that will produce deep roots and large amounts of surface or root biomass to increase soil organic matter, improve soil structure and increase soil moisture through better infiltration.

### **CONSIDERATIONS**

Cover grown during winter can increase water infiltration and slow runoff to reduce sediment transport on nearly level to level soils.

Maintain an actively growing cover crop as late as feasible to maximize plant growth, allowing time to prepare the field for the next crop and moisture depletion.

Use deep-rooted species to maximize nutrient recovery.

Use grasses to utilize more soil nitrogen, and legumes utilize both nitrogen and phosphorus.

Avoid cover crop species that harbor or carryover potentially damaging diseases or insects.

Some cover crop types, such as Brassicas, have been shown to help manage soil borne plant disease agents.

For most purposes for which cover crops are established, the combined canopy and surface cover is at nearly 90 percent or greater, and the above ground (dry weight) biomass production is at least 4,000 lbs/acre.

When cover must be irrigated for early fall establishment carefully control leaching of nitrates and consider deep rooted cover crops.

Cover crops may be used to improve site conditions for establishment of perennial species.

Use plant species that enhance bio-fuels opportunities.

Use plant species that enhance forage opportunities for pollinators.

### **CULTURAL RESOURCES CONSIDERATIONS**

NRCS policy is to avoid any effect to cultural resources and protect them in their original location. Determine if installation of this practice or associated practices in the plan could have an effect on cultural resources. The National Historic Preservation Act may require consultation with the California State Historic Preservation Officer.

<http://www.nrcs.usda.gov/technical/cultural.html> is the primary website for cultural resources information. The California Environmental Handbook and the California Environmental Assessment Worksheet also provide guidance on how the NRCS must account for cultural resources. The e-Field Office Technical Guide, Section II contains general information, with Web sites for additional information.

Document any specific considerations for cultural resources in the design docket and the Practice Requirements worksheet.

### **ENDANGERED SPECIES CONSIDERATIONS**

If during the Environmental Assessment NRCS determines that installation of this practice, along with any others proposed, will have an effect on any federal or state listed Rare, Threatened or Endangered species or their habitat, NRCS will advise the client of the requirements of the Endangered Species Act and recommend alternative conservation treatments that avoid the adverse effects. Further assistance will be provided only if the client selects one of the alternative conservation treatments for installation; or with concurrence of the client, NRCS initiates consultations concerning the listed species with the U.S. Fish and Wildlife Service, National Marine Fisheries Service and/or California Department of Fish and Game.

### **PLANS AND SPECIFICATIONS**

Plans and specifications will be prepared for the practice site. Plans for the establishment of cover crops shall include:

- Species or species of plants to be established.
- Seeding rates.
- Recommended seeding dates.
- Establishment procedure.
- Planned rates and timing of nutrient application.
- Planned dates for destroying cover crop.
- Other information pertinent to establishing and managing the cover crop.

Plans and specifications for the establishment and management of cover crops may be recorded in narrative form, on job sheets, or on other forms.

### **OPERATION AND MAINTENANCE**

Control growth of the cover crop to reduce competition from volunteer plants and shading.

Control weeds in cover crops by mowing or by using other pest management techniques.

Control soil moisture depletion by selecting water efficient plant species and terminating the cover crop before excessive transpiration.

## REFERENCES

Bowman, G., C. Cramer, and C. Shirley. A. Clark (ed.). 1998. Managing cover crops profitably. 2nd ed. Sustainable Agriculture Network Handbook Series; bk 3. National Agriculture Library. Beltsville, MD.

Hargrove, W.L., ed. Cover crops for clean water. SWCS, 1991.

Magdoff, F. and H. van Es. Cover Crops. 2000. p. 87-96 *In* Building soils for better crops. 2nd ed. Sustainable Agriculture Network Handbook Series; bk 4. National Agriculture Library. Beltsville, MD.

Reeves, D.W. 1994. Cover crops and erosion. p. 125-172 *In* J.L. Hatfield and B.A. Stewart (eds.) Crops Residue Management. CRC Press, Boca Raton, FL.

Cover Cropping in Vineyards: A Grower's Handbook (DANR Publication 3338), UC

Go to <http://ucanr.org/> and search for "Cover Crops" for current UCCE publications and research.