Cover Crops provide numerous benefits and these are greatest when a good stand is established with as little soil disturbance as possible. To maximize benefits, and to meet the criteria of the Indiana (IN) Field Office Technical Guide (FOTG) Standard (329) Residue and Tillage Management, No-Till/Strip Till/Direct Seed, the seeding tool or method should have a calculated Soil Tillage Intensity Rating (STIR) rating of 20 or less according to the Revised Universal Soil Loss Equation (RUSLE2)

Factors affecting establishment of cover crops: Cover Crop success is dependent on several factors: seeding date, weather (temperature and moisture) after seeding, seedbed conditions, fertility, amount of mulch or previous crop residues, planting depth, seed to soil contact, seeding rate, seed quality (germination and % purity), time of freeze after seeding, insects and diseases.

<table>
<thead>
<tr>
<th>Seeding depth guidance</th>
<th>optimum</th>
<th>maximum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brassicas, clovers, small seeded legumes, small seeded grasses</td>
<td>¼&quot;</td>
<td>⅝&quot;</td>
</tr>
<tr>
<td>Vetches, sorghums, wildryes</td>
<td>⅜&quot;</td>
<td>1&quot;</td>
</tr>
<tr>
<td>Cereal grains</td>
<td>⅜&quot;</td>
<td>1 ½&quot;</td>
</tr>
<tr>
<td>Beans, peas</td>
<td>1 ½&quot;</td>
<td>2&quot;</td>
</tr>
</tbody>
</table>

The following are recommended seeding methods and tools which optimize the above factors. Each has been evaluated for their relative establishment effectiveness for: depth control, seed to soil contact, timeliness and weather conditions.

**No-Till Drilling:** This is the most common seeding method and is the assumed method that initial seeding rates generated from the Seeding Calculator are based. Set properly, the no-till drill will provide good seed-to-soil contact and an adequate planting depth preferred for the desired species to be planted. This should provide for fast and consistent emergence that is required for seeding species during the final days of the approved seeding period. Use a no-till drill that is designed to handle heavy crop residues and the type of seed being planted (especially important for small seeded species). Depth control for most drills is not as precise as a planter, so it is important to set it for the optimum depth, and check often to assure placement doesn’t exceed the maximum depth for selected species. Drilling in soils that are too wet can also cause improper seed placement and be antagonistic to the desired soil health benefits.

When planting mixes, set depth of the drill for the species of greatest desire/need to address the resource concern being addressed by the cover crop.
**Harrow Seeding:** Rotary harrows, coulter harrow type vertical tillage tools or similar tools can aid in fluffing or cutting residue to allow improved seed to soil contact over broadcasting alone, but may lack the depth control of planters and drills thus a slightly higher seeding rate is desirable. Air delivery seeders can be mounted to these tools to deliver the seed to the soil as the residue is lifted or cut. The implement will be set to run no deeper than 1” and not be designed to invert the soil or to bury the crop residue. Coulters will be set to run straight and not be cupped or concave. Tools with multiple operation gangs should only utilize the coulters with the rear harrow gangs raised or detached. This prevents excessive soil disturbance and moisture and carbon loss that will reduce the desired benefits of the cover crop. This will be a fast, single pass operation that can seed many acres in a short period of time.

**Rotary Harrow Seeding - mounted air delivery seeder in light residue crops**

**Rear harrow gang is raised**

**Coulter Harrow (vertical tillage tool) Seeding - air delivery seeder on a coulter harrow in heavy residue crops**

**Narrow Row Planting:** Many split-row or narrow row planters (15” row width or less) can be equipped with seed plates, such as are used for sugar beets or sorghum, which work well for many cover crop species. Additional adaptation and/or calibration may be necessary due to variation of seed size among cover crop species and varieties. Since a planter is capable of much more precise spacing, seed to soil contact and depth control, it is possible to reduce overall seeding rates to 50% of drilled rates. This method should provide the fastest and most consistent emergence and is recommended for seeding species during the final days of the approved seeding period. To meet criteria for soil erosion and soil quality at least two species of cover crops will be planted either in alternating rows or combined together. This method will not be used if weed control is the primary purpose.

**Narrow Row or Split-Row Planter**

**Rotary Harrow Seeding - seed delivery ports**
Two species of Cover Crops in alternating 15” rows

**Broadcast Seeding:** Seed may be inexpensively broadcast into light residue crops without a seedbed preparation if completed in a uniform manner. Expect only fair seed-to-soil contact with no planting depth control. This relies on rain, freeze/thaw cycles, or snow to incorporate the seed. Heavier seed such as cereal grains are more adapted to this method when seeding into freshly harvested crop residues. Seeding rates should be adjusted up by at least 25%. Pre-mixing the seed with 200 lbs. per acre of pelletized lime or blended with the fertilizer intended for the subsequent crop is acceptable if using an airflow applicator. Seed blended with fertilizer should be immediately spread to prevent damage to the seed. Wind speed should be 15 mph or less when broadcasting light seed such as annual ryegrass. A harrow, meeting the same specifications as **Harrow Seeding** above, may be used immediately following the spreader to improve seed to soil contact.

**Airflow Applicator**

**Aerial Inter-Crop Seeding:** Broadcast seed using a plane, helicopter or high clearance spreader into existing vegetation or standing crops. This method relies on rain and/or mulching of crop residues at harvest to establish the seed. Timing in the fall should be just prior to leaf drop or early crop maturity stage of the existing cash crop, and the early part of the seeding window for most cover crop species.

This method may provide timelier seeding for species that require an earlier establishment. Some shade tolerant species may be adapted to earlier seeding. Earlier seeding is desirable when the cover crop is to be used for fall grazing. In dry years, this method may provide poor or inconsistent emergence compared to planting or drilling. An attempt should be made to seed just ahead of predicted rain. Seeding rates should be adjusted up by at least 25% for most cover crops and at least 40% for small/light grass seed like annual ryegrass. Seed mixes of species with similar density are preferred.

Aerial applicators should be knowledgeable of the spreading width and the weight of the planned species. Wind speed should be 15 m.p.h. or less when broadcasting. It does not include a seedbed preparation.
High clearance Sprayer, converted to air seed cover crops- photo courtesy- Mike Shuter,

Other approved Innovations: Air delivery seeders can be mounted to combine heads to deliver the seed to the soil as the residue is being cut or shredded. As the residues exit the back of the combine they are spread as mulch over the seed to allow improved seed to soil contact, moisture retention and emergence rates over broadcasting alone. Seeding rates similar to drilling should be used. Mixes with smaller seed size may be preferable to reduce seed hopper filling frequency. Additional seeding innovations are likely and should be evaluated on a case by case basis.

Air seeder mounted to corn head- photo courtesy- Ray McCormick

Annual Ryegrass stand in April following fall seeding with combine head seeding. photo courtesy- Ray McCormick